Kennedy Health System

HEARTSAVER CPR / AED STUDENT FORM

Class Date: _____/_____/_____

Please Print Clearly to ensure a properly spelled certification card

Name: _____

Address: _____

City: _____ State _____ Zip _____

Phone Number: _____ (In case Questions Arise)

Comments:

Class <circle>

FF – A/C	FF- I	HS - AED	HS – A/C	HS I
HS CPR in School	Mask	Choking		

Instructor_____ _____/_____/_____

Heartsaver - Adult/Child CPR and Infant CPR

Skill Step	Critical Performance Steps	*If you teach AED, do not do this test; go to AED test on other side*	*Do this test only if you teach infant CPR*
		Adult/Child CPR ☑ **if done dorrectly**	**Infant CPR** ☑ **if done correctly**
1	**Checks for response**		
2	**Tells someone to phone emergency response number (or 911) and get an AED**		
3	**Opens airway using head tilt-chin lift**		
4	**Checks breathing** ***Minimum 5 seconds; maximum 10 seconds***		
5	**Gives 2 breaths (1 second each)**		
6	**Bares victim's chest and locates CPR hand (infant: finger) position**		
7	**Delivers first cycle of compressions at correct rate** *<23 seconds for 30 comp.*		
8	**Gives 2 breaths (1 second each)**		
9	**Delivers second cycle of compressions at correct hand position** *>23 of 30 comp.*		
10	**Gives 2 breaths (1 second each)**		
The next step is done only with a manikin with a feedback device, such as a clicker or light. If no feedback device, STOP THE TEST.			
11	**Delivers 3rd cycle of compressions of adequate depth & full chest recoil** *>23 comp.*		
		STOP THE TEST	**STOP THE TEST**

Heartsaver - CPR + AED

Skill Step	Critical Performance Steps	*Do this test only if you teach AED*
		CPR with AED ☑ **if done correctly**
1	**Checks for response**	
2	**Tells someone to phone emergency response number (or 911) and get an AED**	
3	**Opens airway using head tilt-chin lift**	
4	**Checks breathing** ***Minimum 5 seconds; maximum 10 seconds***	
5	**Gives 2 breaths (1 second each)**	
6	**Bares victim's chest and locates CPR hand position**	
7	**Delivers first cycle of compressions at correct rate** ***<23 seconds for 30 compressions***	
8	**Gives 2 breaths (1 second each)**	
AED arrives		
AED 1	**Turns AED On**	
AED 2	**Selects proper AED pads and places pads correctly**	
AED 3	**Clears victim to analyze** ***(must be visible and verbal check)***	
AED 4	**Clears victim to shock/presses shock button** *(must be visible & verbal check) Max time from AED arrival <90 sec*	
Student continues CPR		
9	**Delivers second cycle of compressions at correct hand position** *>23 of 30 compressions*	
10	**Gives 2 breaths (1 second each)**	
The next step is done only with a manikin with a feedback device, such as a clicker or light. If no feedback device, STOP THE TEST.		
11	**Delivers third cycle of compressions of adequate depth with full chest recoil** *>23 compressions*	
		STOP THE TEST

RECORD ALL TEST RESULTS HERE SIGN WHERE INDICATED		*Test only one of these*				*This test is only if you teach infant CPR*	
Test Summary	**PASS = Above Steps All Checked (Done Correctly**	**CPR + AED**		**A/C CPR**		**INF CPR**	
	NR = Needs Remediation	**Pass**	**NR**	**Pass**	**NR**	**Pass**	**NR**
	INDIATE PASS OR NR:						

Instructor signature affirms that skills tests were done according to AHA guidelines. *Save this sheet with course record.*

Instructor Signature: _____

Print Instructor Name: _____ Date: _____